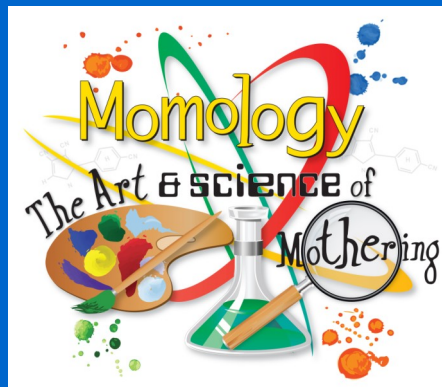


THE MOPS MONTHLY

Even there your hand will guide me, your right hand will hold me fast.
Psalm 139:10



New Beginnings

Issue 1
Sept 2010

Inside This Issue

Welcome back to Neenah MOPS! This year the MOPS International theme is "Momology-The Art and Science of Mothering." Mothering is both art and science. It combines all of who we are to shape healthy, resilient kids.

There's the scientific side of mothering where we develop a hypothesis based on certain principles, test that hypothesis in real-time, consider the results and decide what parts worked and what parts didn't. We keep refining our hypotheses until we find what works for us.

Intertwined with the scientific, mothering requires an artistry that shades with our personality, colors with our unique gifts, and blends past and current experiences.

MOPS International has identified four essential elements for successful outcomes with our kids, which we will be exploring this year:

Core --Knowing and growing ourselves. Research clearly shows that a mom with a strong, resilient core is more likely to raise a child with a strong, resilient core.

Finesse -- Honing practical mothering skills.

Circle -- Building relationships to help us be good mothers.

Grandscape -- Engaging with God and his unique purpose for our lives.

Through **Momology**, we'll be guided by an all-knowing, all-powerful, always-present God. Our verse for the year is:

Even there your hand will guide me, your right hand will hold me fast. (Psalm 139:10)

Anywhere we go, God sees, knows, and guides. So we can lead and love knowing God will get us through all the hard spots, all our decisions and all our roles. God's hand guides us as we guide our children.

We hope to provide a respite from the daily busy life as Moms. We want you to leave MOPS renewed, refreshed and loved. Our goal is to fill our Moms with God's love empowering them to better love God, themselves, family and others.

Please remember that this is your MOPS group and the steering team is here to serve the group. Thanks for the feedback received in our end of the year survey. We appreciate any additional insight and ideas that you have to continue to nourish the Moms of our group.

Blessings,

Christine

Neenah MOPS Coordinator

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Mark Your Calendars
for Upcoming MOPS

Meetings:

Sept 14

Oct 12

See pg 5 for full schedule



Meeting Logistics

- Meetings start at 9 AM
- Childcare drop-off begins at 8:45 & registration at 8:50
- Membership dues for '10 - '11 are \$44. If you haven't already done so, you may register at this meeting. Scholarships are available for anyone who is not able

to pay the membership dues. Contact Sheila Wenzel or Christine Kennedy-Cedergren to make a request.

- RSVP for this meeting by Friday, Sept 10th to Julie at neenahmops@gmail.com

September Bible Verse

Psalm 139:13-14

For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.



Please Sign Up For Breakfast!

Breakfast items for the September meeting will be provided by members of the Steering Committee.

At Tuesday's meeting (and periodically throughout the year) a sign-up sheet will be routed asking for volunteers to bring a breakfast item to a future meeting. We kindly ask that each of you sign-up

to bring a breakfast item at least three times in the course of the year.

We would like to thank Aspen Coffee & Tea for kindly donating the coffee for our meetings. Please patronize their business when possible and thank them for their generosity!

Moppets News

Mark Your Items

Prior to the MOPS meeting, please remember to clearly mark your child's diaper bag, cup, bottle, etc. Labeling supplies are available at the MOPPETS check-in table if needed.

Caregivers Needed

DID YOU KNOW...caregivers arrive at 8:30 am on MOPS day and usually leave by 11:30. If you know anyone who would love to spend only 3 hours a month with our MOPPETS let me know.

Missy Wilson

851-2335



Get Ready for the 1st Annual MOPS Moms Walk Fundraiser!

Mark your calendars for Saturday, November 6th at Riverside Park in Neenah, where we will be holding the 1st Annual MOPS Moms Walk Fundraiser. Several factors have resulted in the need to financially support our Neenah MOPS group more this year than in the past.

By participating in the walk and collecting pledges, you can help us continue to have our monthly

MOPS meetings. Even if you are not able to walk with us, please consider raising funds to help support the group.

We are also asking local businesses to help support our group.

For more information on the walk and to sign up, come to the September meeting!

We're really excited about this walk and hope you soon will be too!



New for 2010-2011: MOPS Play Groups

New this year are MOPS play groups, held outside of our monthly MOPS meetings. Play groups are open to everyone. There is no need to RSVP, just show up if you're available. They are open times, so come & go as you please.

You will receive a complete play group calendar at the September meeting.

The first play group is Friday, September 24 from 10:00am-noon at the Family Resource Center (Parent Connection), 1165 Appleton Rd, Menasha.



Mark Your Calendars:

MOPS Play Group
Friday, September 24th
10:00am—Noon
Details on the left

Special Occasions

Happy Birthday To:

MOPS:

Cindi Auth - 9/19

Moppet's:

Julie Zimmerman - 9/5/04

Kaitlyn Dietz - 9/8/04

Aubree Palecek—9/24/08

New Arrivals:

Nicole Podojil—Brianna in June

Christina Smith—Emily in July

Gerry Benthein—Michael in August

Our congratulations to these families!

If you hear of a birth to any fellow MOPS member, please e-mail Molly Wilgreen at :wilgreen@mail.veritythree.net.

MOPS Steering Team

Coordinator	Christine Cedergren	Moppets Coordinator	Julie Voelker
Asst Coordinator	Cindi Auth	Moppets Caregiver Coordinator	Missy Wilson
Creative Activities Co-Coordinator	Heather Gentile	Setup/Cleanup Coordinator	Jennifer Pierstorff
Creative Activities Co-Coordinator	Nicole Podijil	Publicity Coordinator	Christina Smith
Discussion Group Coordinator	Deb Matheny	Hospitality/Fundraising Coordinator	Andrea Marsh
Mentor Mom	Sherri Thomas	Caring Ministries/Greeter Coordinator	Molly Wilgreen
Mentor Mom	Karen Schumacher	Registration/Finance Coordinator	Sheila Wenzel

We are always open to new members! If you have a passion for MOPS and would like to contribute as part of the Steering Team, please contact one of us.

We are also open to new insights and ideas! Please contact one of us with anything you'd like to share.

New Feature – Question of the Month!

As we'll be discussing throughout this year, mothering is both an art and science. It combines all of who we are to shape healthy, resilient kids. Mothering is so complex it requires both sides of our brain – not to mention our hands and feet, eyes and ears, mouth and (sniff, sniff) unfortunately, sometimes even our noses!

This year, let's share with each other how we do this! Each newsletter will contain a question. If you're inspired, email a short response to me at christina.e.smith1@gmail.com. I'll compile the answers and include them in the following month's newsletter. Also, at each month's meeting, I'll draw the name of one respondent to win a \$10 Aspen Coffee gift card.

This Month's Question (answers to be featured in Oct. newsletter):

What is a special fall activity that you do with your family?

Responses due to christina.e.smith1@gmail.com by 9/24/10



About MOPS

As we head into fall and get back into routines, it's good to remind ourselves what MOPS is all about and why we're a part of it. MOPS Neenah, which stands for Mothers of Preschoolers, is a group of moms who get together to socialize, share the joys and challenges of motherhood, and support one another.

The national MOPS organization exists to encourage, equip and develop every mother of preschoolers to realize her potential as a woman, mother and leader in the name of Jesus Christ.

Thank you for being a part of Neenah MOPS!



2010-2011 Neenah MOPS Schedule

We have an exciting year planned for our study of "Momology". Please mark your calendars!

Sept 14	Intro to Momology
Oct 12	The Beauty of Being a Woman
Nov 9	Home Economics: Meal planning, budget tips, etc.
Dec 14	Social Science: Sibling and in-law relationships
Jan 11	Real World Mothering
Feb 8	Loving Yourself and Allowing God to Love You
Mar 8	Developing Spiritual Habits
Apr 12	Anthropology 101: Creating new family traditions
May 10	Grandscape: What's my Place in God's big picture?



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